



ENLIGHTENED LEADERS NETWORK

Professional Balance Wheel

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1. Within each of the following eight areas, circle the number that best represents **your level of satisfaction** in that area of your career ("7" = Completely satisfied; "1" = Completely dissatisfied):



2. Connect the numbers around the circle to form a wheel.

The rounder the wheel, the more balanced your life is. Imagine how your car would travel if all the wheels were in this shape!