

Coaching Intake Form

Name:

Address:

City/State/ZIP:

Telephone: Day

Evening

Cell

Fax:

Email address:

Web site (if any):

Name of Employer (if any):

Employer's Address:

City/State/ZIP:

Your Position/Title:

How Long?

Duties:

Previous Position/Title:

How Long?

Duties:

This form is intended for informational purposes only in a coaching relationship and is not a guarantee of performance or is it to be used without the expressed written permission of the person being coached in any manner. The completion of this form doesn't constitute a legal agreement of performance nor is it a binding contract in any form. All information is confidential and expressly private and remains the property of the person identified on the form.

ELN ENLIGHTENED LEADERS NETWORK

What degree(s) and certifications do you have?

Degree/Certification	College/University	Major	Year Obtained

Please list whether you have taken the following assessments and your outcomes if you remember:

Myers-Briggs	DISC (MFS)	PIAV	Enneagram	Kolbe	ProScan

In the past, have you worked with:

A coach? Y/N How long/what years?

A therapist? Y/N How long/what years?

Major issues addressed:

What is the primary reason(s) you are entering into a coaching experience at this

Marital Status: Marrie Divorce Single Widowed Other

NOTE: Our coaching relationship is confidential. Unless you disclose issues which your coach is required to disclose to the authorities (e.g., intent to harm yourself or others), all of the content of our conversations will be held in confidence.

Is this confidentiality policy acceptable to you? Y/N

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How would you rank your current level of satisfaction with each of the following areas of your life?

Life Area	Very Satisfied	Satisfied	Dissatisfied
Work			
Emotional health			
Physical health/well-being			
Mental health			
Finances			
Spirituality/religion			
Relationship with spouse/significant other			
Relationship with children			
Relationships with boss or coworkers			
Social network/friendships			
Self-confidence/self-esteem			

What was your greatest success in the past year?

In your lifetime?

What is your biggest challenge right now? Or asked another way, what factor(s) is/are holding you back from having you want?

Describe below your ideal life, assuming you could create your life exactly as you want to be:

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What are your most important goals for the next 6 months?

- 1
- 2
- 3
- 4
- 5
- 6

What are you like when you are at your best?

How would you like me to be as your coach? (e.g., demanding, gentle, challenging,

What else would you like your coach to know about you and your current life situation?

Thanks for completing this form!!!

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